

# Upstate School of Sustainable Agriculture

Workshop details: Winter/Spring 2009 (updated 4.13.09)

All workshops are 9 am to 1 pm, unless otherwise noted

Coffee, tea & light snacks will be served where available

Cost is \$35 per person

**PLEASE REGISTER** by email (preferred), [info@scsustainableag.org](mailto:info@scsustainableag.org), or call (864) 324-4901, so we can contact you in the event of a workshop reschedule.

**Large initials at the end of the description indicate workshop location. See the farm code key at the end of this calendar for farm locations.**

Saturday, April 18<sup>th</sup> *2 separate workshops – 2 locations*

## **Into the Kitchen...GB**

This is the beginning of a series that we hope to offer throughout the summer.. how to prepare food and products you get from the garden! Join Amy Hamilton, herb specialist for NC State University from the Fletcher Research Station near the Asheville Airport, for her workshop on using and making herbal products. **A highlight of the workshop will be harvesting wild "weeds" in the yard for making spring tonics and vinegars.**

She will also go through the process of making salves from local harvested herbs, and other products like tinctures, oils, and extracts. This is a hands-on workshop... and she will be preparing a booklet for all participants... so join us for this very exciting workshop with Amy at the Greenbrier Farms commercial kitchen!

## **Permaculture: Forest Gardening & Farm Design for Creating Diversity ....BW**

Chris Sermons of Bio-Way Farms will explore the systems approach to farming using the principles of Permaculture: how to create diversity in plants and plant habitats (farming in the forest edge and canopy) that take into account the various environments of your farm. This approach also looks at water and energy use, housing design, bees, birds, and diverse insect populations. It is a long term approach to farming and land use. This will be the first of many looks at Permaculture over the next year.

Bio-way Farm is also a certified organic farm.

## **Plant Sales: First of three weeks of Plant Sales! ...MM...BW...W & S**

Locations will be spread around the area farms where you can purchase starter plants, all organically grown: from lettuces, to herbs, from peppers to eggplants, and of course, tomatoes too!

## **Plant Sales – *Bio-Way Farms, Ware Shoals***

Daily harvesting of asparagus is under way, and Chris has a number of native plants available for purchase. The farm has also been recertified organic and is open to the public Monday thru Friday, 9 am – 6 pm. Call (864) 992-6987 with any questions!

**Plant Sales - [Mini-Miracles Farms, Taylors](#)**

Several varieties of tomato and pepper transplants are available from the greenhouse! Storefront hours are Thursday, Friday & Saturday, 2 pm – 6 pm. Call (864) 968-9678 with any questions or visit [www.minimiraclesfarmsc.com](http://www.minimiraclesfarmsc.com)

**Plant Sales – [Welch & Son Farm, Honea Path](#)**

Several varieties of squash, tomatoes, and cantaloupe available sometime the week of April 20<sup>th</sup> on. Call the farm at (864) 275-8801 or visit [www.welchandsonfarm.com](http://www.welchandsonfarm.com).

**Friday, April 24<sup>th</sup>**

**Farm Tour and Fundraising Dinner at La Bastide Restaurant, Travelers Rest, SC**  
Sponsored by Slow Food Upstate and Whole Foods Market, this event will raise funds to advance local, sustainable farming in our region by creating a micro-lending fund for farms and small-farm research. Come enjoy terrific local food, wonderfully prepared by the La Bastide chefs, and elegantly presented. The Cliffs Organic Farm Tour and Wine Tasting: 5-6pm; \$45, (\$35 when purchased with dinner); Cocktail Reception at La Bastide: 6pm, followed by Dinner at La Bastide: 6:30-9:00pm; \$75. Enjoy both venues for \$110! To register for the event, go to: [www.scsustainableag.org](http://www.scsustainableag.org) OR [www.slowfoodupstate.com](http://www.slowfoodupstate.com), and click on the button on the right under upcoming events, Upstate Local Farm Dinner, then follow the instructions to register for the Dinner, Farm Tour, or both. Tickets are limited so register early! Come join us for an extraordinary evening, and help support these workshops and sustainable agriculture in general in Upstate, South Carolina!

**For more info please feel free to visit or call:**

Upstate School of Sustainable Agriculture

[www.scsustainableag.org](http://www.scsustainableag.org)

Contact: Jim Smith @ [geo.jim\\_earth@yahoo.com](mailto:geo.jim_earth@yahoo.com)

Lauren McGarry @ [info@scsustainableag.org](mailto:info@scsustainableag.org)

Or 864-324-4901

**Directions to all Farms and Workshop Sites**

Note: most directions are from Greenville, SC

Please do not call the Farms to register for workshops, instead email [info@scsustainableag.org](mailto:info@scsustainableag.org) (preferred) or call (864) 324-4901 – Thanks!

**BW – Bio-Way Farm, 197 Bio Way, Ware Shoals, SC 29692**

Owner: Chris Sermons; (864) 992-6987

Directions: From Exit 32 off I-85, take SC 8 (Easley Hwy.) south towards Pelzer. Turn Right onto US 25 (Charles Aiken Hwy). You will come to an intersection where SC 25 and SC 76 join (stay on 25/76), cross into Laurens County, Hwy. 76 then splits off, but stay on SC 25. About 1 mile past this intersection turn Left onto the 2nd sign you see for Henley Circle. The farm is on your Right. **Note: Most GPS systems and mapping programs do not have the Bio-Way address in them. For exact directions from your**

location, use 238 Henley Rd or Henley Circle- this works on yahoo.com maps and ask.com maps, but not others, like mapquest and google.

**GB – Greenbrier Farms**, 772 Hester Store Road, Easley, SC 29640

Owner, Joyce Palmer; (864) 855-9782

Directions: From the traffic light at the intersection of SC 183 and Thomas Mill Rd., turn north onto Thomas Mill Rd. Go ½ mile on Thomas Mill and turn Left onto Hester Store Rd. Go 2.8 miles down Hester Store Rd. – Greenbrier Farms is on the Left.

**Cliffs – The Cliffs Communities Organic Farm**, 520 Beaver Dam Rd., Marietta, SC 29661

Farm Manager, Craig Weiner; (864) 836-6425 (farm), (864) 884-7074 (cell)

Directions: On northbound Hwy. 25 out of Greenville, go 2.6 miles past the Hwy. 11 exit, then take a Right onto Beaver Dam Rd. Go to stop sign and turn Left (still Beaver Dam Rd.), the farm is .3 miles down on the Right.

**MM – Mini-Miracles Farms**, 708 Old Rutherford Rd., Taylors, SC 29687

Owners: Joe and Natalie Brookshire; (864) 968-9678

Directions: From Greenville, North on Wade Hampton Blvd./US-29 N, approx. 7 miles, turn Left onto St. Mark Rd., go 2 miles, turn Left onto Locust Hill Rd./SC-290, go ½ mile, turn Left onto Old Rutherford Rd., go about ¼ mile, Left into the Garden Store Entrance.

**W & S – Welch & Son Farm**, 331 Penson Rd., Honea Path, SC 29654

Owners: Bill & Holly Welch; (864) 275-8801

Directions: From the intersection of I-185 Toll Hwy. (Southern Connector) take southbound US-25 S toward Greenwood, Go 13.8 miles, turn Left onto Taylor Rd, go 1.3 miles, turn Left onto W Ridgeway Rd., go .7 miles, stay straight onto Kirby Rd., go .5 miles, stay straight onto Penson Rd., go .3 miles to the farm.